

**ABSTRACT**

The present invention relates to herbal composition for the prevention and treatment of dementia comprising *Polygoni multiflori Radix* (*Polygonum multiflorum* Thunberg), instead of ginseng, *Polygalae Radix* (*Polygala tatarinowii* Regel), *Caryophylli Flos* (*Eugeni caryophyllata* Thunberg), and *Zingibreis Rhizoma* (*Zingiber officinale* Rosc.) in the conventional herbal composition to maximize anti-dementia effect with minimized amount.